

NEW ZEALAND KUKKIWON CUP INTERNATIONAL OPEN

INFORMATION PACK
nzkukkiwoncup.co.nz

TAEKWONDO
NEW ZEALAND



WORLD
TAEKWONDO



SATURDAY 7 JUNE

- Entries close 23rd May
- Selection event for NZ senior kyorugi team
- Location:
Pioneer Stadium
75 Lyttelton St
Christchurch

Sponsor:

KWON 
NEW ZEALAND
kwon.co.nz

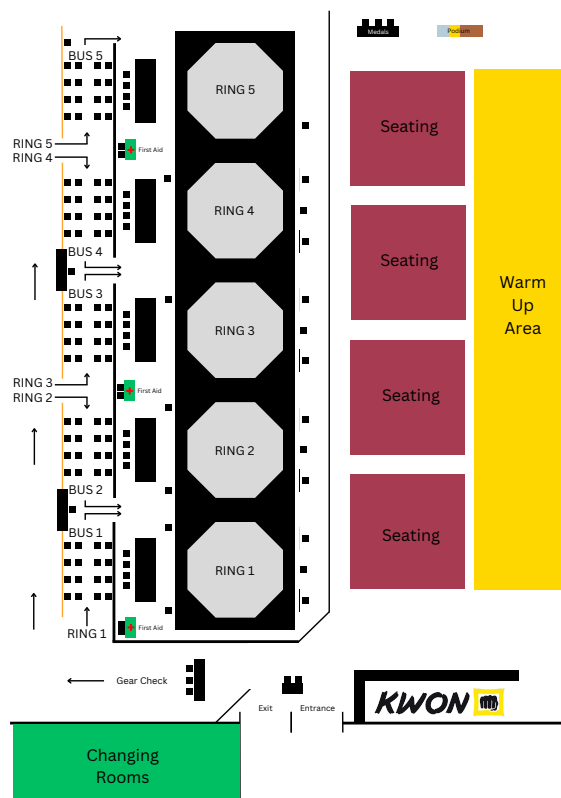
TOURNAMENT DETAILS

Doors open at 7:30am
 Poomsae Competition (Black belt) - Saturday 7 June 2025, starting at 8am
 Poomsae Competition (Colour Belts) - Saturday 7 June 2025, starting at 9am (approx)
 Kyorugi Competition (all grades) - Saturday 7 June 2025, starting at 1:30pm (approx)
 Competition concludes at approximately 9pm
 Entries close: Friday 23rd May 2025 at 10pm (NZT)

TOURNAMENT OFFICIALS

Technical Delegate- Garry Carpenter (NZL - WT IR Poomsae and Kyorugi)
 Tournament Director - Alan Brian (NZL - TNZ Kyorugi Director)
 OVR - The Draw - Alan Brian (NZL - TNZ Kyorugi Director)
 Kyorugi Competition Director - Aaron Dean (NZL - WT IR Kyorugi)
 Poomsae Competition Director - Sophia Haynes (NZL - WT IR Poomsae)

Tournament Venue: Pioneer Stadium, 75 Lyttelton St, Christchurch



CONTENTS

Tournament Details	2
Contents	3
Welcome	4
Schedule	5
Information / Head of Team Meetings	6
Entries	7
Age Definition / Privacy / Liability	8
Entry Fees	9
Kyorugi - PSS / Non PSS / Uniform Requirements	10
Kyorugi - Protective Equipment / Gear Check	11
KWON.co.nz - GEN II Sensor Sock Special Price	12
Head & Chest Guards / Coaches / Protests	13
Weigh In	14
Weight Divisions	15
Weight Divisions	16
Kyorugi Head Kick Rules	17
Poomsae	18
Poomsae Uniform Requirements + Pairs & Teams Definitions	19
Required Poomsae & Poomsae Age Divisions	20
KWON.co.nz - \$20 off WT Approved Uniforms & Equipment	21
Competitor & Coach Declaration	22
Kyorugi Entry Form	23
Poomsae Entry Form	24
Hazard Control Plan	25
Hazard Control Plan	26
WT Recognized Brands	27

WELCOME

It is a great pleasure to invite you to the 2025 NZ Kukkiwon Cup International TKD Open. Taekwondo New Zealand are committed to holding tournaments, events and seminars to encourage our sport to grow. This tournament is open to all martial arts clubs across New Zealand and overseas regardless of affiliation.

Up to date tournament information can be found at www.nzkukkiwoncup.co.nz

All players and coaches should be knowledgeable of the current WT Kyorugi and Poomsae Competition rules.

Please refer to: <http://www.worldtaekwondo.org/rules-wt/rules.html>

OPEN TOURNAMENT

This event is to be considered an “open” event. I would like to extend an invitation to all taekwondo practitioners, from within New Zealand and Internationally, to attend this tournament.

LIMIT ON THE NUMBER OF COMPETITORS

The tournament entries will be limited to 500 in number.
200 maximum Poomsae and 300 maximum Kyorugi.
First come first served.

POOMSAE COMPETITORS

The Poomsae required for each competition division is outlined within this package.

Yours in Taekwondo,



Grandmaster Jin Keun OH
PRESIDENT
TAEKWONDO NEW ZEALAND

IMPORTANT POINTS FROM THE TECHNICAL DELEGATE

TNZ is committed to holding a high quality tournament and will endeavour to ensure all WT and Kukkiwon standards are met.

INTERNATIONAL ATTENDEES

It is the responsibility of all international attendees to ensure that they have complied with the New Zealand Government Immigration requirements.

<https://www.immigration.govt.nz/new-zealand-visas/visas/visa/visitor-visa>

SCHEDULE

Thursday 5 June - ZOOM Meeting	
Rules and Interpretation meeting with Technical Delegate	8pm - 8:30pm
Head of Team Meeting	8:30pm - 9pm
Friday 6 June- At Christchurch Olympic Dojang - 16 Mathers Road, Hoon Hay, Christchurch	
Weigh In	6pm - 8pm
Registration	6pm - 8pm
Referee Dinner & Seminar	8pm - 10pm
Saturday 7 June - Pioneer Stadium	
Final pack in	6am - 7:30am
Doors Open	7:30am
Weigh In	8am - 10am
Black Belt Poomsae Begins	8am
Colour Belt Poomsae Begins	9am
Lunch Break	1pm - 1:30pm
Kyorugi Begins	1:30pm
Competition Finishes	9pm (approx)

INFORMATION

All relevant tournament information can be found at:

www.nzkukkiwoncup.co.nz

Tournament Director: Alan Brian

Email: nzkukkiwoncup@gmail.com

Registration: 6 June, 6pm - 8pm (16 Mathers Road)

Registration at the venue: 7 June, 7:30am - 8am (Pioneer Stadium)

HEAD OF TEAM MEETINGS

In order to ensure the event runs on schedule, we will be holding the head of team meetings online via Zoom. These meetings will not cover all WT rules and will not be repeated.

Rules & Interpretation - Thursday 5 June, 8pm - 8:30pm

Join Zoom Meeting:

<https://us05web.zoom.us/j/82688671404pwd=JxswH1YbTzHwzmVfdnZpz068YuoOdF.1>

Meeting ID: 826 8867 1404

Passcode: 4nuy2i

Head of Team Meeting - Thursday 5 June, 8:30pm - 9pm

Join Zoom Meeting

<https://us05web.zoom.us/j/87317040506pwd=2GZmjYbxOeG2jbvilmSZ5baOeIID6E.1>

Meeting ID: 873 1704 0506

Passcode: 9TTyw2

ADMISSION GENERAL PUBLIC

General public admission from 7:30am.

An entry fee will be required:

Adult (18+) - \$10

Child (5 - 17) - \$5

Under 5 - Free

BEHAVIOUR WITHIN THE TOURNAMENT ENVIRONMENT

Taekwondo New Zealand reserves the right to exclude or remove any person from the venue whose behaviour is deemed to be unacceptable.

As per WT rules and the TNZ Code of Conduct, Clubs and Club Instructors will be held accountable for their member's behaviour. The WT rules governing Sanctioning are covered in Article 23 and 24 of World Taekwondo's Competition Rules and Interpretation.

ENTRIES

There are two ways to submit entries:

Online via: www.smoothcomp.com (preferred)

-Smoothcomp 'How to' guide available at the end of the info pack or online at nzkukkiwoncup.co.nz
or

Manual / Paper entry via email: nzkukkiwoncup@gmail.com

Entry forms to be scanned and emailed. Entry forms on pages: 22/23/24

- All entries to be received by **10pm Friday 23 May**.
- **Online entries:** payment **must** be made in full online either via credit card or visa/mastercard debit card or bank transfer.
- **Manual entries:** payment must be made in full via bank transfer or cash at registration.
- Cash payment to be made at registration in the correct amount, no change will be available to give back.
- Late entries will be accepted but **will** incur a NZ\$30 late fee per entrant.
- Any payment not received by 8pm Friday June 6th **will** incur a late payment fee of \$100 per team entry. Please make cash payments at the Friday 6th June registration (6pm-8pm)
- Players will not be eligible to compete until entry payment has been received.

SMOOTHCOMP - ONLINE ENTRIES - www.smoothcomp.com

'HOW TO' guide at the end of the info pack

Smoothcomp is an online tournament software platform that enables clubs, teams and individual athletes to register and enter martial arts tournaments. Smoothcomp will record each athletes and clubs tournament history: scores, wins/loses, medals etc.

An online profile will need to be created for each athlete (just like filling out an entry form, but online). This profile will then be used to enter the event. Ensure you link your profile to your club/academy.

Coaches / Team Managers:

Please create a club/academy profile for your individual club. This will enable your athletes to represent your club: www.smoothcomp.com/en/club/finder

You still have control over entering your whole team. Coaches / Team Managers can create individual athlete profiles for you club / academy and register each athlete to an event as a full team.

You can choose whether you want your athletes to go online, enter and pay individually, or, do this yourself and pay the total entry fee.

AGE DEFINITIONS (as per WT rules)

The age of a competitor is taken as the age (in years) that a competitor will turn during the current calendar year as per WT Rules.

Example 1: Birth date – Any day during 2000, the entry age is 25

Example 2: Birth date – Any day during 2010, the entry age is 15

PRIVACY

Details collected will be treated in accordance with the Privacy Act 1993. Health information (regarding existing conditions/allergies etc.) will only be disclosed to TNZ management and medical personnel if required.

Registration information will only be accessible to authorised persons. Players are advised to inform their coach/team manager of any relevant health information for the purposes of treatment. Team managers are advised that they should maintain appropriate emergency details for their team members.

LIABILITY

All Coaches, competitors and officials take part at their own risk. While all care is taken to safeguard participants, the organisers and their representatives take no responsibility, under any circumstances, for any damage, injury, or loss to individuals and/or equipment/personal belongings.

COLOURED BELT GRADE DIVISIONS

Kyorugi and Poomsae coloured belt competitors will be placed in the following divisions as per their belt grade.

GRADE	BELT GUIDE
Grade 8-6	Keup 8-6 / Yellow Belt to Green Belt
Grade 5-3	Keup 5-3 / Blue Tab to Red Tab
Grade 2-1	Keup 2-1 / Red Belt to Black Tab

ENTRY FEES AND PAYMENT DETAILS

Entry Fees (\$NZD)	Adult (17+)	Youth (under 17)
Kyorugi	\$70	\$60
Poomsae	\$70	\$60
Poomsae Pairs (per person)	\$70	\$60
Poomsae Team (per person)	\$70	\$60

PAYMENT DETAILS - BANK TRANSFER

Payment to be made via internet banking

Or, team cash payment is available at registration - Friday 6th June, 6pm-8pm
(exact payment to be made, no change will be given)

Internet Banking:

Account Name: Christchurch Taekwondo Union Inc

Account number: **03-1594-0069033-000**

Reference: <Club name>

REFUNDS

Refunds will be given for withdrawals up to 5.00pm Friday 30 May.

A 30% admin fee will be applied and deducted from any refunds.

There will be no refunds given after this date.

AWARDS - MEDALS

Gold - 1st Place (kyorugi & poomsae)

Silver - 2nd Place (kyorugi & poomsae)

Bronze - 3rd Place (kyorugi & poomsae)

MEDAL PRESENTATIONS

- No medal ceremony will take place for either kyorugi or poomsae
- Poomsae medals will be presented at the conclusion of each grouping/division
- Kyorugi medal winners please pick up medals from the prizegiving area
- Competitors receiving a medal must present themselves in tidy attire (dobok or track suit).
- Competitors are welcome to make use of the podium for photographs

KYORUGI (SPARRING) NOTES

- Kyorugi - Saturday 7 June - 1:30pm start (estimated time).
- Current WT competition rules and interpretations will apply.
- The format for COLOURED BELT matches is “Best of 3” with 1 minute rounds.
- The format of BLACK BELT matches is “Best of 3” with 1 minute 30sec rounds.
- All competitors must pre-register and qualify through weigh-in.

ELECTRONIC PROTECTOR SCORING SYSTEM (PSS)

- Electronic Daedo PSS - The matches will be staged using Daedo GENII Electronic PSS systems for grades 5-3, 2-1 and Black Belt divisions.
- Competitors in a PSS division to supply their own pair of Daedo GEN II sensor socks.
- Competitors in a PSS division will be supplied with an electronic chest guard.
- Competitors aged 12+ in a PSS division will be supplied with an electronic head guard.
- All competitors in a PSS division aged 11 and under (born 2014 or later), to supply their own WT approved head guard.
- All competitors aged 11 and under (born 2014 or later) are able to wear a WT approved head guard with WT approved face shield. The face shield must be compatible and correctly fitted/attached.
- Kyorugi players/coaches taking supplied Daedo Electronic equipment outside of the competition area may face disciplinary action.
- Grade 5-3 - whilst electronic PSS is planned on being used, we recommend bringing and having access to a WT approved body pad and WT approved head guard during the competition should we encounter any technical difficulties.

Visit www.kwon.co.nz to order and purchase the latest Daedo GEN II Sensor Socks and view an extensive range of WT approved protective equipment and uniforms.

USE CODE: KCUP2025 to save \$20 off any order \$100+ (exp 18/5/25)

NON ELECTRONIC SCORING

- Corner Judging (manual scoring/non-electronic) - All grade 8-6 divisions.
- All Grade 8-6 - It will be necessary that each competitor in these divisions supply their own WT approved body pad.
- All Grade 8-6 - It will be necessary that each competitor in these divisions supply their own WT approved head guard.
- All competitors in grade 8-6 are able to wear a WT approved head guard with WT approved face shield. The face shield must be compatible and correctly fitted/attached.

UNIFORM REQUIREMENTS

- Kyorugi competitors must wear a white WT style taekwondo uniform.
- Black belt competitors can either wear a specialist kyorugi or regular uniform.
- No coloured uniforms or uniforms that feature a large amount of colours (other than white) will be accepted. (this excludes club logos)
- No other martial art style uniforms will be accepted.

PROTECTIVE EQUIPMENT

- All competitors must wear WT approved gloves, forearm guards, groin guard, shin guards, foot/sensor socks. (refer to page 26 for WT approved brands)
- Non electronic match players are to provide their own chest and head guard.
- All competitors in a PSS division aged 11 and under (born 2014 or later), to supply their own WT approved head guard.
- Groin, forearm and shin guards must be worn beneath the uniform.
- Mouth guard must be completely transparent or completely white. The only exception to this rule is for a colour coded prescribed “upper and lower” mouth-guard in which case the competitor must provide a medical certificate.
- Competitors wearing ‘braces’ on their teeth are required to have a full mouth (upper & lower) mouth guard.

HYGIENE

- Finger and toe nails must be trimmed and short.
- Uniforms and protective equipment must be clean and dry. (no blood residue is allowed)
- Long hair must be tied up and worn underneath the head guard. No long hair to come out of the head guard. (either on the top, or out the bottom)
- Athletes presenting skin lesions or any open wounds shall be directed to the kyorugi competition director. The kyorugi competition director has the final say on whether to allow an athlete to compete or not.

GEAR CHECK

- All competitors must present themselves, in the company of a coach or representative, to the inspection desk prior to their competition.
- Uniforms, protective equipment and hygiene must meet all regulations and safety requirements.
- All uniforms and protective equipment must be the correct size for the individual. Items that are too big or small will be rejected.
- Any uniforms or safety equipment that is ripped, damaged or in a bad state may be rejected. (e.g. velcro not holding in place, gloves with material peeling off, head guards with cracks etc)
- Use of any non TKD style protective equipment fashioned of hard material that may cause harm to an opponent or the athlete is forbidden and will result in instant disqualification.
- Tape - Any use of excessive strapping tape (more than 2 layers) on the hands or feet needs to be signed off and approved by the kyorugi competition director.
- Gear Check - Once a player has passed gear check/ inspection they may not leave the inspection/competition area until after their match has concluded and they have been cleared by the medical commission.

Any athlete, coach or representative who verbally abuses, insults or argues with gear check officials will be sanctioned and disqualified from competing.

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GEN II SENSOR SOCKS:
\$99.99

USE CODE: KCUP2025

expires 18/5/2025



while stocks last

WORLD TAEKWONDO APPROVED EQUIPMENT - CHEST & HEAD

Should a player fail check in due to having a non WT approved body pad or head guard, a WT approved body pad and head guard will be supplied.

A WT approved body pad (non PSS) will be provided in the correct size to use for the players match. This must be returned upon completion of the match.

A white, WT approved head guard with face shield will be provided in the correct size for the player to use for their match. This must be returned upon completion of the match. (face shields cannot be removed).

**Failure to return provided equipment will result in an official warning.
Two warnings will result in losing your coaching accreditation.**

KYORUGI COACHES

- Coaches must be identified on the team entry form, and the organisers will provide them with accreditation.
- **Only accredited coaches will be permitted entry to the official marshalling area and Kyorugi courts.**
- A coaches' briefing may occur prior to the start time of competition. Coaches are required to attend briefings. This meeting will **not** provide opportunity to make match plays or changes to the draw.
- Coaches are expected to behave in a respectful manner to players and officials at all times.
- Only one warning will be issued to a coach if their behaviour is deemed unacceptable. Upon receiving a second warning, that coach will have their accreditation removed and thus will no longer be permitted to act as a coach for the remainder of the tournament.
- It is the coach's responsibility to ensure their player is ready to commence their fight. It is highly advisable that coaches ensure their players have transitioned into the official marshalling area at least four fights in advance of their fight number.
- A maximum of two calls to the field of play will be given. If a player is not ringside and ready **with their coach** within one minute of the final call, the player will be disqualified. No match play will be provided.
- Coaches **must** be dressed in tidy attire e.g. suit, team tracksuit. No full doboks, shorts, singlets, jandals, slides, bare feet, hats, ripped pants etc. Coaches can wear a team shirt/jacket with dobok pants and footwear.

PROTESTS

- The WT card protest process will be in place for the kyorugi matches. Each match will have an automatic quota of one protest per player.

Under no circumstances are any other kyorugi officials to be approached in relation to a protest. This will result in an official warning. Two warnings will result in losing your coaching accreditation.

WEIGH IN FOR KYORUGI COMPETITORS

No player can weigh in across multiple sessions. One session per player.

Weigh in sessions:

- Friday 6 June, 6pm - 8pm - 16 Mathers Road, Hoon Hay, Christchurch
- Saturday 7 June, 8am - 10am - Pioneer stadium
 - It is the responsibility of the athlete and the team manager/coach to attend weigh in.
- Weigh in sessions will close at the precise time specified regardless of who is still waiting. We strongly advise that all athletes attend early in the weigh in session to avoid missing out.
- All competitors will be weighed in - no exceptions
- Failure to attend or make weight will result in disqualification.
- Initial fail - Should a player fail their initial weigh in, they **may** have an opportunity for **one** more chance during the same weigh in session. The second chance must be completed before the end of the session and priority will be given to those completing their first weigh in.
- Athletes failing weigh in - For those players, there is the opportunity to fight up a weight division. The division **MUST** be a contested division with at least one other person previously in it. A fee of \$40 will be paid in cash by the athlete before they are moved to a different division. Where there is no player in the division above, the player is disqualified from the competition - no refund will be given.
- A minimum dress code of "underwear" for males and females will be enforced during weigh-in. **More clothes can be worn.** An allowance of 0.20kg (Males), 0.30kg (Females) given for the extra clothing. A naked weigh-in may be requested by an Adult (18 years and over) athlete and will follow WT rules, but no clothing weight allowance is given for that weigh-in.

Example:

Junior Male weighs 59.19kg in shorts - PASS for Junior MALE U59Kg Division

Junior Male weighs 59.20kg in shorts - PASS for Junior MALE U59Kg Division

Junior Male weighs 59.21kg in shorts - FAIL for Junior MALE U59Kg Division

- Weigh-in room. The weigh-in will be conducted in two separate rooms one "Female only", one "Male only". Two sets of identical scales will be used. Players will be required to line up in an open area and will be taken one at a time into the weigh in room. No player can utilize multiple weigh-in sessions.
- Cell-phones - Absolutely NO cell-phone use is permitted in the weigh-in venue once weigh-in has begun, regardless of their being ON or OFF. Disqualification may result.

UNCONTESTED DIVISIONS FOR KYORUGI

Players in uncontested kyorugi divisions must first make weight in their stipulated division. Players in uncontested weight divisions may elect to either:

1. Receive the medal for winning their weight division and not be matched in a higher weight division OR
2. Receive the medal for winning their initial weight division and be matched in a higher weight division with a chance of winning further medals.

There is no extra fee to be paid should they elect to compete in another division.

REGISTERED WEIGHT DIVISIONS

MINOR 1 (8 YEARS AND UNDER) INCLUDES COLOURED BELT AND BLACK BELT DIVISIONS

Male Divisions		Female Divisions	
Under 20kg	Not exceeding 20.00 kg	Under 20kg	Not exceeding 20.00 kg
Under 25kg	Over 20.01 kg & Not exceeding 25.00 kg	Under 25kg	Over 20.01 kg & Not exceeding 25.00 kg
Under 30kg	Over 25.01 kg & Not exceeding 30.00 kg	Under 30kg	Over 25.01 kg & Not exceeding 30.00 kg
Under 35kg	Over 30.01 kg & Not exceeding 35.00 kg	Under 35kg	Over 30.01 kg & Not exceeding 35.00 kg
Under 40kg	Over 35.01 kg & Not exceeding 40.00 kg	Under 40kg	Over 35.01 kg & Not exceeding 40.00 kg
Under 45kg	Over 40.01 kg & Not exceeding 45.00 kg	Under 45kg	Over 40.01 kg & Not exceeding 45.00 kg
Under 50kg	Over 45.01 kg & Not exceeding 50.00 kg	Under 50kg	Over 45.01 kg & Not exceeding 50.00 kg
Over 50kg	50.01 kg & Over	Over 50kg	50.01 kg & Over

MINOR 2 (9 - 11 YEARS) DIVISIONS INCLUDES COLOURED BELT AND BLACK BELT DIVISIONS

Male Divisions		Female Divisions	
Under 25kg	Not exceeding 25.00 kg	Under 20kg	Not exceeding 20.00 kg
Under 30kg	Over 25.01 kg & Not exceeding 30.00 kg	Under 25kg	Over 25.01 kg & Not exceeding 25.00 kg
Under 35kg	Over 30.01 kg & Not exceeding 35.00 kg	Under 30kg	Over 25.01 kg & Not exceeding 30.00 kg
Under 40kg	Over 35.01 kg & Not exceeding 40.00 kg	Under 35kg	Over 30.01 kg & Not exceeding 35.00 kg
Under 45kg	Over 40.01 kg & Not exceeding 45.00 kg	Under 40kg	Over 35.01 kg & Not exceeding 40.00 kg
Under 50kg	Over 45.01 kg & Not exceeding 50.00 kg	Under 45kg	Over 40.01 kg & Not exceeding 45.00 kg
Under 55kg	Over 50.01 kg & Not exceeding 55.00 kg	Under 50kg	Over 45.01 kg & Not exceeding 50.00 kg
Over 55kg	55.01 kg & Over	Over 50kg	50.01 kg & Over

CADET DIVISIONS (12 - 14 YEARS) INCLUDES COLOURED BELT AND BLACK BELT DIVISIONS - HEIGHT AND BMI IS NOT BEING USED AT THIS TOURNAMENT

Male Divisions		Female Divisions	
Under 33kg	Not exceeding 33.00 kg	Under 29kg	Not exceeding 29.00 kg
Under 37kg	Over 33 kg & Not exceeding 37 kg	Under 33kg	Over 29 kg & Not exceeding 33 kg
Under 41kg	Over 37 kg & Not exceeding 41 kg	Under 37kg	Over 33 kg & Not exceeding 37 kg
Under 45kg	Over 41 kg & Not exceeding 45 kg	Under 41kg	Over 37 kg & Not exceeding 41 kg
Under 49kg	Over 45 kg & Not exceeding 49 kg	Under 44kg	Over 41 kg & Not exceeding 44 kg
Under 53kg	Over 49 kg & Not exceeding 53 kg	Under 47kg	Over 44 kg & Not exceeding 47 kg
Under 57kg	Over 53 kg & Not exceeding 57 kg	Under 51kg	Over 47 kg & Not exceeding 51 kg
Under 61kg	Over 57 kg & Not exceeding 61 kg	Under 55kg	Over 51 kg & Not exceeding 55 kg
Under 65kg	Over 61 kg & Not exceeding 65 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Over 65kg	Over 65 kg	Over 59kg	Over 59 kg

JUNIOR DIVISIONS (15 - 17 YEARS) INCLUDES COLOURED BELT AND BLACK BELT DIVISIONS

Male Divisions		Female Divisions	
Under 45kg	Not exceeding 45.00 kg	Under 42kg	Not exceeding 42.00 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

SENIOR DIVISIONS (17 YEARS AND OVER) AND VETERAN (35 YEARS AND OVER) DIVISIONS COLOURED BELT AND BLACK BELT

Male Divisions		Female Divisions	
Under 54kg	Not exceeding 54.00 kg	Under 46kg	Not exceeding 46.00 kg
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg
Under 87kg	Over 80 kg & Not exceeding 87 kg	Under 73kg	Over 67 kg & Not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg

KYORUGI HEAD KICK RULES BY DIVISION

Head Kick **PROHIBITED**

- When the PROHIBITED HEAD KICK rule applies, any kick that is executed above the opponents neckline, **regardless of whether it makes contact or not**, will be treated as a prohibited act. A gamjeom (deduction point) will be given for the first kick. Any subsequent head kick, **regardless of whether it makes contact or not**, will result in instant disqualification.
- If a competitor is physically unable to continue the match after receiving the first kick to the head (due to excessive contact) then the player who executed the kick will be instantly disqualified.

Head Kick **OPTIONAL**

- Full Kick (Head and Body) is the default option until otherwise declared.
- Head Kick will be optional and rules to be confirmed before the start of the match (decided by either of the coaches requesting “No Head Kick”).
- Example - If only one coach requests “No-Head-Kick” then the match is “No-Head-Kick”
- It is the Coaches responsibility to convey this “No-Head Kick” rule change to the Centre Referee, otherwise the Centre Referee will conduct a Full Kick match.
- Changing the Head Kick ruling once the match has begun, disqualifies the player requesting the change (WDR). A player/coach may forfeit the match (WDR) at any time and then the match may continue under “Non-Head-Kick” rules but result has been pre-determined by the withdrawal (WDR).

Head Kick **REQUIRED**

- ONLY IF BOTH coaches ask for non-head Kick match prior to the start, then a “No-Head-Kick” match is allowed. This decision is not binding on further matches in the division.

EXAMPLE - IF HONG Coach asks for a non-Head Kick match and CHUNG Coach asks for a Head-Kick match, then a Head Kick match is to proceed. HONG player/coach may forfeit the match (WDR) and then the match can proceed in a “Non-Head-Kick” format but the result has been pre-determined as a CHUNG win by the withdrawal (WDR) of HONG.

Head Kick **COMPULSORY**

- Head kicks are required.
- A player/coach may forfeit the match (WDR) at anytime.

ALL MINOR 1 DIVISIONS (5 TO 8 YRS)

Head Kick **PROHIBITED**

ALL MINOR 2 DIVISIONS (9 -11 YRS)

Head Kick **PROHIBITED**

CADET, JUNOR, SENIOR AND VETERAN DIVISIONS (12 YEARS+)

For ALL Grade 8-6 Divisions, Head Kick **PROHIBITED**

For ALL Grade 5-3 Divisions, Head Kick **OPTIONAL**

For ALL Grade 2-1 Divisions, Head Kick **REQUIRED**

For ALL Black Belt Divisions, Head Kick **COMPULSORY**

POOMSAE

- Black belt poomsae competition will start at 8am.
- Colour belt poomsae competition will start at 9am.
- The poomsae competition will finish at an estimated time of 1pm.
- All divisions will be using the traditional one at a time, 2x poomsae format.
- All poomsae referees, team managers & coaches should attend the rules & team meetings being held via zoom on Thursday 5 June. Any competition alterations will be issued at this time.
- Uncontested poomsae players/pairs/teams must complete their respective Poomsae patterns, as per competition rules. As they placed first in their division, the player/pair/team will receive their medal(s) for winning their division.

POOMSAE COMPETITION RULES

Current WT Poomsae Competition Rules will apply throughout the competition, except where alterations have occurred in this information package.

DIVISION 1 - BLACK BELT WT POOMSAE

Open to all black belt competitors.

Age	Possible Poomsae required
Cadet	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebak
Junior	Taegeuk 5, 6, 7, 8, Koryo, Keumgang, Taebak, Pyongwon
Under 30 & Under 40	Taegeuk 7, 8, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae
Under 50	Taegeuk 8, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
Under 60 / Under 65 / Over 65	Koryo, Keumgang, Taebak Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

DIVISION 2 - BLACK BELT TRADITIONAL POOMSAE

- Only 1st and 2nd Dan/Poom holders may enter the Black Belt Division 2 competition.
- Competitors may not enter both Black Belt divisions.
- The Black Belt Division 2 is to promote 1st and 2nd Dan/Poom holders to compete.

Division 2 - All ages	Taegeuk 4, 5, 6, 7, 8, Koryo
-----------------------	------------------------------

UNIFORMS FOR BLACK BELT COMPETITORS

All Black Belt Poomsae competitors are required to wear a WT style Poomsae uniform. It must be the correct style as per your division.



Cadet Male
(12-14)

Cadet Female
(12-14)

Junior/Senior
Male (15-50)

Junior/Senior
Female (15-50)

Master M/F
(51+)

- Failure to wear the correct poomsae uniform for your respective age division will result in a **1 point deduction** from each poomsae score.
- Wearing of a standard TKD uniform will result in a **2 point deduction** from each poomsae score.
- Wearing a specialist kyorugi uniform will result in disqualification.

UNIFORM FOR COLOUR BELT COMPETITORS

- Colour belt competitors are required to wear a standard white WT style TKD uniform with a white collar.
- Colour belt competitors wearing a black or red/black collared uniform will be allowed to compete with no deductions being given.
- Wearing a specialist kyorugi uniform will result in disqualification.

PAIRS OR TEAMS - BLACK BELT DIVISIONS

- Pairs **MUST** be of mixed gender (male and female).
- A Team is **THREE** players, all players **MUST** be the same gender.
- Pairs & Team members must be of the same “Belt and Age grouping” as for individual competition.

PAIRS OR TEAMS - COLOUR BELT DIVISIONS

- Pairs can be any mix of gender.
- A Team is **THREE** players, players can be any mix of gender.
- Pairs & Team members must be of the same “Belt and Age grouping” as for individual competition.

POOMSAE FOR COMPETITION

BLACK BELT - WT RULES DIVISION 1 – INDIVIDUAL, PAIRS AND TEAMS

- Division 1 competition will follow the WT Poomsae rules as per an International competition.

The selected Poomsae for all Division 1 categories will be made live on www.nzkukkiwoncup.co.nz on Friday 6th June by 10pm.

REQUIRED POOMSAE

BELT GROUPING	FIRST POOMSAE	SECOND POOMSAE
BLACK BELT - DIVISION 1	SELECTED 6th June	SELECTED 6th June
BLACK BELT - DIVISION 2	TAEGEUK 7	KORYO
GRADE 2-1	TAEGEUK 6	TAEGEUK 8
GRADE 5-3	TAEGEUK 3	TAEGEUK 5
GRADE 8-6	TAEGEUK 1	TAEGEUK 2

POOMSAE AGE GROUPINGS: INDIVIDUAL MALE OR FEMALE

AGE GROUPING	AGES
Minor (11 years and under)	11 years and under
Cadet (12 to 14 years)	12 - 14
Junior (15 to 17 years)	15 - 17
U30 (18 to 30 years)	18 - 30
U40 (31 to 40 years)	31 - 40
U50 (41 to 50 years)	41 - 50
U60 (51 to 60 years)	51 - 60
U65 (61 to 65 years)	61 - 65
O65 (66 years and over)	66 and over

POOMSAE AGE GROUPINGS: PAIRS AND TEAM

GROUPING	AGES
Minor (Up to 11 years)	Oldest member is born 2014 or later
Cadet (12 to 14 years)	Oldest member is born 2011 to 2013
Junior (15 to 17 years)	Oldest member is born 2008 to 2010
Under 30 (18 to 30 years)	Majority of ages - 1995 to 2007
Over 30 (31 years and over)	Majority of ages - 1994 or earlier

- Member with Highest Belt Sets Group Division

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MANUAL ENTRY COMPETITOR AND COACH DECLARATIONS

Kukkiwon Cup 7th June 2025, Christchurch

I, the applicant, or parent or legal guardian (if applicant under 18 years of age) of the applicant, hereby acknowledge and declare that in relation to
(STATE PLAYER'S FULL NAME/S): _____

1. I/the above player have been advised by Taekwondo New Zealand (Taekwondo New Zealand) of the risk in competing, have read the tournament hazard control plans and will comply with the requirements.
2. I/the above player have the following condition / allergy which could affect medical assessment or treatment:

3. I/the above player have not knowingly used any drugs or substances for the purpose of enhancing performance and I acknowledge that they may be tested at any time by Sport Integrity NZ. I GIVE PERMISSION FOR DRUG TESTING TO BE UNDERTAKEN BY Sport Integrity NZ in relation to the above player in terms of recognised testing standards, should the above player be selected for testing. (more information can be found at www.sportintegrity.nz)
4. In the event of any illness and/or accident, I hereby authorise and direct Taekwondo New Zealand and/or its authorised representatives to seek and obtain all necessary medical and/or surgical treatment as may be required and I accept the responsibility for payment and/or reimbursement of all medical expenses incurred on my behalf by Taekwondo New Zealand.
5. I undertake that I/the above player will observe all regulation and by-laws of Taekwondo New Zealand and shall comply with all reasonable directions and decisions of its officials., and agree to observe the Taekwondo New Zealand Athlete code of conduct.
(www.newzealandtaekwondo.co.nz/policies)
6. I hereby acknowledge that a condition of entry to the event is that I will indemnify and keep indemnified Taekwondo New Zealand, its Board, officials, agents, instructors or members against any liability arising from my participation in the event or from any pre-event training and preparation or other activity related to the event and from travel to and from the event or activities.
7. I understand that I/the above player cannot compete if they have been concussed within 30 days prior to this competition and hereby confirm that I have not been so concussed. I also confirm that, in the event that a concussion has occurred prior to that, medical clearance for participation has been obtained. I further acknowledge that in the case of sustaining a serious head contact, I will comply with all requests of the officials, Commission Medical Team and Referees at the venue. I give permission for my medical information to be kept for tracking and statistical purposes.
8. I acknowledge that photographs may be taken during the competition by the organisers or other persons and that I may appear in those photographs. In the event that I appear in the photographs, I authorise Taekwondo New Zealand and any associated bodies to use and authorise use of the photographs taken at this competition for promotional purposes, including publication on the Taekwondo New Zealand website. I will make no claim against Taekwondo New Zealand or associated bodies for any fee or royalty in relation to the use of the photographs.

I, _____ being the APPLICANT / PARENT or LEGAL GUARDIAN OF THE APPLICANT (if under 18 years of age), hereby acknowledge and declare that I have read and fully understand the terms and conditions set out in the application and consent to be bound by such conditions.

Signed Applicant: _____ Parent / Legal Guardian (Circle as appropriate)

Players and Coaches not signing this form will be deemed to have signed the attached forms in this document when payment is made for the player registration. Where signed forms are collected, Team Manager are to hold these forms until asked for. After the tournament has completed, Team Managers are to dispose of the forms.

KYORUGI ENTRY FORM – MANUAL ENTRY

Form to be scanned and emailed to: nzkukkiwoncup@gmail.com

First name:		Surname:	
Gender (tick one): Male / Female		Weight (kg's): _____ . _____ kg	
Grade:	Year born:	Date of Birth: / /	
<p>DECLARATION I, the undersigned, submit my application for registration as a competitor in the TNZ Kukkiwon Cup 2025. In doing so I declare that the information supplied is true and correct.</p> <p>Signature of Competitor: _____ Date : _____</p> <p>Signature of Parent or Guardian _____ Date : _____ (if under 18)</p> <p>Signature of Instructor : _____ Date : _____</p> <p>N.B. competitor must also complete and attach “Competitor declaration”</p>			
Club Name:			
Instructor's Name:			
Entry Fee:			
<p>Make the payment to your club.</p>			

Team Manager are to hold these forms until asked for.
After the tournament has completed, Team Managers are to dispose of the forms.

POOMSAE ENTRY FORM – MANUAL ENTRY

Form to be scanned and emailed to nzkukkiwoncup@gmail.com

First name:		Surname:	
Gender: Male Female		Grade:	
		Year born:	
Poomsae (circle applicable)	Individual	Pair	Team
		Names of team/pairs members:	
		Team or pairs name:	
<p>DECLARATION I, the undersigned, submit my application for registration as a competitor in the TNZ Kukkiwon Cup 2025. In doing so I declare that the information supplied is true and correct.</p> <p>Signature of Competitor: _____ Date : _____</p> <p>Signature of Parent or Guardian _____ Date : _____ (if under 18)</p> <p>Signature of Instructor : _____ Date : _____</p> <p>N.B. competitor must also complete and attach “Competitor declaration”</p>			
Club Name:			
Instructor’s Name:			
Entry Fee:			
Make the payment to your club			

Team Manager are to hold these forms until asked for.
After the tournament has completed, Team Managers are to dispose of the forms.

HAZARD CONTROL PLAN 1 - TOURNAMENT ATTENDANCE

Hazard Description: Transmission of infection via blood or body fluids.

Details: Some infections can be transmitted via body fluids such as saliva, sweat or blood. Sharing of personal items such as drink bottles, or impact injuries leading to cuts, a bleeding nose or bleeding from the mouth means should a contestant have a transmittable infection e.g. Hepatitis B or HIV, has the potential to be transmitted to another person.

Category:	Physical
Date Hazard Identified:	16th December, 2018
Review Hazard Frequency:	Annual or after major accident or incident
Next review:	21 December 2025
Hazard Location:	Tournament venue and travel, tournament ring.
People Exposed:	Tournament competitors, coaches and referees
Other Relevant Documents:	Current World Taekwondo Competition Rules
Possible Harm:	Illness or Death
Hazard Significance:	Significant Hazard
Hazard Control Type:	Minimize

Action Required:

World Taekwondo (WT) rules attempt to minimise risk by;

- Restricting the types of attack used.
- Specifying procedures to use in the event of an injury.
- Specifying procedures for referees and coaches to use if it becomes apparent that a competitor should not continue because they cannot stop the bleeding.

Technical Delegate:

- Impose additional rules if considered necessary (e.g. mandatory mouth guards)
- Ensure procedures in place for competitors to receive appropriate medical attention if necessary.
- Supply gloves for use by officials

Referees

- Maintain control of contest ensuring competitors abide by rules
- Stop contest if necessary as per competition rules and procedures.
- Use provided gloves if dealing with bleeding competitor

Coaches

- Ensure their competitors are aware of and understand this hazard.
- Ensure each competitor has their own drink bottle and towel.

Competitors

- Wear protective equipment as specified.
- Ensure finger and toe nails are cut short.
- Remove jewellery.
- Supply own drinks bottle and towel.
- Abide by competition rules.
- Not compete without clearance from Technical Delegate if they are aware they have a serious transmittable illness.

Training Requirements:

Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules pertaining to an injured competitor.

Responsibility/ Monitoring of Controls:

It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.

Privacy:

Any disclosures to the Technical Delegate by a competitor about their medical condition will be dealt with in accordance with the Privacy Act 1993 and will only be disclosed to Medical Commission personnel if deemed appropriate.

HAZARD CONTROL PLAN 2 - TOURNAMENT COMPETITION

Hazard Description: Forceful direct kick or punch from opposing player

Details: A Taekwondo Tournament is a competition, which is decided, within the rules, by direct physical kicks, punches and forceful physical collisions between contestants, and therefore competitors have an inherent risk of physical injury.

Category:	Physical
Date Hazard Identified:	16th December, 2018
Review Hazard Frequency:	Annual or after major accident or incident
Next review:	21st December 2025
Hazard Location:	Tournament competition ring
People Exposed:	Tournament competitors
Other Relevant Documents:	Current World Taekwondo Competition Rules
Possible Harm:	Sprain, strain, bruising, open wound, fracture, brain-damage, paralysis, death.
Hazard Significance:	Significant Hazard
Hazard Control Type:	Minimise

Action Required:

World Taekwondo (WT) rules attempt to minimise risk by;

- Specifying weight, age and grade requirements when matching competitors.
- Specifying WT Approved protective equipment to be worn.
- Restricting the types of attack used and the target areas.
- Specifying procedures to punish or disqualify competitors who infringe.
- Specifying procedures to use in the event of an injury.
- Specifying procedures for referees and coaches to use if it becomes apparent that a competitor is at risk.

Technical Delegate:

- Impose additional rules if considered necessary (e.g. no head Kick, mandatory mouth guards)
- Ensure procedures in place for competitors to receive appropriate medical attention if necessary.

Referees:

- Maintain control of contest ensuring competitors abide by rules
- Stop contest if necessary as per competition rules and procedures.

Coaches:

- Ensure contestant has knowledge of rules.
- Ensure competitor is sufficiently skilled and in physical condition to compete safely in their division.
- Withdraw contestant if necessary before or during the contest as per competition rules and procedures.
- Ensure their competitors are aware of and understand this hazard.

Competitors:

- Wear protective equipment as specified in rules and additional equipment if deemed necessary by Technical Delegate (e.g. mouth-guard) and abide by competition rules..
- Do not compete without Medical Staffs approval if suffer from a medical condition which could be worsened by competing.
- Do not compete if have received a head injury (e.g. concussion) within 30 days preceding competition. As well as this stand-down period a medical clearance is required before competing again.

Training Requirements:

- Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules as assessed by an experienced referee or trainer, and are sufficiently competent through training and experience to control the level of match they are officiating.
- Referees are required to undergo regular training to refresh their skills and knowledge of current rules, signals and procedures.
- Coaches preferably should have sufficient experience to identify if their competitor is at risk and/or hold a recognised coaching qualification (e.g. CNZ Level 1 or above).









































Responsibility/ Monitoring of Controls:

- It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.



World Taekwondo Recognised Brands Chart (as of February 4, 2025)

※ The products currently undergoing the conformity test will be added soon

Brand (Company)	Kyorugi Competition Uniform	Poomsae Competition Uniform	Dobok	Protector		Mat		PSS (Protector & Scoring System)		Poomsae Scoring System
				Forearm / Shin/ Groin / Hand	Head / Trunk Mask / Head	Roll	Puzzle	Competition	Training	
Adidas (Double D)										
ANTA (Xiamen ANTA Company Limited)										
Daedo (Daedo International)										
FILA (The KICK Co., Ltd.)										
JCalicu (MJ Sports Co., Ltd.)										
KPNP (KPNP)										
KWON (Kwon KG)										
MARTIAL.EVENTS (Martial.Events)										
Taishan (Taishan Sports Equipment Co., Ltd.)										
Tusah (Lucent Gate Inc.)										
Wacoku (Twin Tower)										
Waychamp (Wuzi Waychamp Digital Technology Co., Ltd.)										
Wesing (Fujian Weizhong Sports Goods)										
Woori Sports (Woori Sports)										