



**GOLD COAST OPEN  
TAEKWONDO  
CHAMPIONSHIPS  
2023**

**CARRARA SPORT AND EVENTS CENTRE, APRIL 29-30**



14TH GOLD COAST OPEN



# 14th Gold Coast Open

2023

Saturday 29<sup>th</sup> April

Sunday 30<sup>th</sup> April

Gold Coast Sports &  
Leisure Centre

Nerang-Broadbeach Rd

Online registration



## 14TH GOLD COAST OPEN



20<sup>th</sup> Jan 2023

Dear friends and families,

It's been 13 years since the 1st Gold Coast Open. Last year we overshot our cap of 350 athletes with a turnout of approx.. 380 players. This year we will be returning to a 2 day format to ensure we can finish at a more appropriate time.

It is likely we will see the return of our international players this year so the Organizing committee reserve the right to close entries once we feel we cannot run an efficient competition. Our decisions will be based on running 4 sparring courts (with a maximum of 50 matches per court), and 2 poomsae courts as in previous years.

The Gold Coast Open is open to all players regardless of affiliation, however, the Organizing Committee reserves the right to refuse entry to any club/athlete/official. Entry fees have been kept the same as 2019 with spectators being free. Students are responsible for their own personal insurance through their club / instructor.

Interstate players please do not book return flights before 8pm on the day of your competition. We will not be moving matches to accommodate early departures.

If you need any assistance, please do not hesitate to contact me via email.

Yours sincerely,

A handwritten signature in black ink.

Chairman Organizing Committee.



## EVENT INFORMATION

### Athlete Entry Fees

(Same for the last 4 years)

Sparring	Early bird	Normal
Coloured belts	\$80.00	\$90.00
Black belts	\$100.00	\$110.00
Extra Sparring divisions	\$60.00	\$60.00
Poomsae		
Coloured belts	\$70.00	\$80.00
Pairs only	\$70.00	\$80.00
Black belt Divisions	\$100.00	\$110.00
Extra Poomsae	\$35.00	\$35.00
Para-Taekwondo	\$30.00	\$35.00

### Spectator Entry Fee

- Adults..... \$ 0
- Children..... \$ 0

**FREE Entry**

Online Registration. [www.goldcoastopen.com.au](http://www.goldcoastopen.com.au)

### Key Dates

Available from Wednesday 1<sup>st</sup> February 2023

Early bird by Wednesday 1<sup>st</sup> March 2023

Closing Date: Sun 12<sup>th</sup> April 2023

Competition 2 Days : Sat 29<sup>th</sup> , Sun 30<sup>th</sup> April



## 14TH GOLD COAST OPEN

### Time Table

Based on 350 athletes we aim to have the event completed by 6pm.

Friday 28 <sup>th</sup> April 2023	
4.00 – 6.00pm	Weigh in (available to all athletes) At GC Sports & Leisure Centre (Venue)

Competition Schedule		
7:00 - 8:00	Doors open, Officials arrive	
7:30 - 8:45	Morning Weigh in.	
9:00 - 1:00	<b>SATURDAY</b> All Black Belt Sparring All Coloured Belt Poomsae	<b>SUNDAY</b> All Coloured Belt Sparring All Black Belt Poomsae
1:00 - 1:30	Referees & Officials lunch.	
1.30 – 6:00	<b>SATURDAY</b> All Black Belt Sparring All Coloured Belt Poomsae	<b>SUNDAY</b> All Coloured Belt Sparring All Black Belt Poomsae

Monday is a public holiday (Labour Day) for Queensland residents.



## Sparring Information

Head Kicks					
Division	Age	Yellow	Blue	Red	Black
Youth	Under 12	×	×	×	×
Cadet	12-14 yrs	×	×	✓	✓
Junior	15-17 yrs	✓	✓	✓	✓
Seniors	17+	✓	✓	✓	✓
Masters	31+	×	×	×	×

### Coaches.

**No registration** required for coaches. Each club will be given 1 Coach id per 5 players. A coach briefing meeting will occur 30 minutes prior to the start time of each day of the sparring competition. Coaches are required to attend briefings.

### IVR (Instant Video review)

- Protest cards will only be used in Black divisions. There will be video review on Senior and Junior black belt courts.

A limited number of foot protectors will be available for purchase on the day.

All divisions will be using Daedo electronic chest guards.  
Electronic head guards will be used for all head kick divisions.

### Safety Equipment

- ✓ Sparring athletes must supply / wear groin, shin, arm and head guards (non-head kick divisions) and gloves.
- ✓ All divisions must have the Daedo electronic foot protectors.
- ✓ The Organizers will provide the electronic chest and E-Head guards to use.
- ✓ Mouth guards are compulsory and must be white or clear.

### Modified Rules.

A head kick, intentional or through lack of caution, will be treated as attacking the head with the fist or the hand. The appropriate penalties Gamjeom (deduction point), or disqualification will apply.



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## Sparring Divisions

### Youth MALE or FEMALE 6 to 11 YRS (up to 2 years apart)

Over	-	19	22	25	28	31	34	38	42	46	50	55	60
Under.	19	22	25	28	31	34	48	42	46	50	55	60	

### Cadet 12 to 14 YRS

#### MALE

Over	-	33	37	41	45	49	53	57	61	65
Under	33	37	41	45	49	53	57	61	65	

#### FEMALE

Over	-	29	33	37	41	44	47	51	55	59
Under	29	33	37	41	44	47	51	55	59	

### Juniors 15-17 YRS

#### MALE

Over (kg)	-	45	48	51	55	59	63	68	73	78
Not exceeding (kg)		45	48	51	55	59	63	68	73	78

#### FEMALE

Over (kg)	-	42	44	46	49	52	55	59	63	68
Not exceeding (kg)		42	44	46	49	52	55	59	63	68

### Seniors 18+ and MASTERS 31+ (Separate divisions)

#### MALE

Over (kg)	-	54	58	63	68	74	80	87
Not exceeding (kg)		54	58	63	68	74	80	87

#### FEMALE

Over (kg)	-	46	49	53	57	62	67	73
Not exceeding (kg)		46	49	53	57	62	67	73



## 14TH GOLD COAST OPEN

### Court Marshalling

We will use the same system as 2021 whereby all players in a division will go to a court and complete the division before the next division starts.

### Sparring Summary

- Players can compete in a maximum of 2 divisions. Subject to the size of the division and cap of 350. Interstate players will be given priority.
- 15-17 Juniors can go in Senior divisions.
- 12-14 Cadets can go in 15-17 Juniors.
- Masters (31+ yrs) and Seniors will be separated.

### Weigh- in

There will be 2 weigh-in sessions for sparring.

1. Friday 4-6pm for anyone wanting to weigh in the day before. This IS NOT a compulsory weigh-in.
2. Saturday 7.30-8.45 for Black Belts Only,  
Sunday 7.30 – 8.45am for Colour Belts.

Athletes can only weigh in at the above sessions based on their belt rank. A minimum dress code of T-shirt and Shorts (not underwear) will be strictly enforced during weigh-in with an allowance of 0.5 kg. Players not meeting their weight category will be permitted one additional chance, one hour from original weigh-in time.

**Uncontested Players:** Uncontested players may elect to receive either a medal or a full refund. Players that wish to be moved to a contested division will be placed in a division where they will compete with players no more than 1 Colour belt above/below, are within 2 years age difference and 15% of the actual weight difference

**Medical Conditions:** Players are advised to inform their coach of any relevant health information for the purposes of treatment. Instructors are advised that they should maintain appropriate emergency contact details for their players.





<b>POOMSAE INFORMATION</b>
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**Competition Recognized Individual**

Age	< 7	8-9	10-11	12-14	15-17	18-30	31-40	41-50	51-60	61+
Belt level			Pattern 1				Pattern 2			
Yellow			Il Jang (1)				E Jang (2)			
Blue			Sam Jang (3)				Sa Jang (4)			
Red			Yuk Jang (6)				Chil Jang (7)			
1 <sup>st</sup> & 2 <sup>nd</sup> Poom/Dan			Pahl Jang (8)				Koryo			
3 <sup>rd</sup> & 4 <sup>th</sup> Poom/Dan			Geumgang				Taeback			
5 <sup>th</sup> & 6 <sup>th</sup> Dan			Pyongwon				Sipjin			
7 <sup>th</sup> & 8 <sup>th</sup> Dan			Jitae				Chonkwon			

**Recognized Pairs – Pairs** can be mixed or same gender, any belt, any age. Division is according to HIGHEST RANKED member.



## WT - Black Belt Only

Designated Poomsae for each round will be randomly selected announced and published on [www.goldcoastopen.com.au](http://www.goldcoastopen.com.au) the week before the event. WT divisions require students to know all poomsae in the division.

### WT Individual: Male & Female

Age	Compulsory Poomsae
12-14	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
15-17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 -30 / 31-40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
41-50 / 51-60	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
61-65 / 66+	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

### WT Pairs: Gender: Mixed 1 Male & 1 Female

Age	Compulsory Poomsae
12-14	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
15-17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 -30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31+	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon



## PARA Poomsae

Para-Taekwondo is a new and fast-growing sport for disabled athletes. Each year we have more and more enter this category. Our aim is to be an inclusive sport.

Belt level	Any Pattern in the range
Yellow	Il Jang (1) – Sam Jang (3)
Blue	Sam Jang (3) – Yuk Jang (6)
Red	Yuk Jang (6) – Pahl Jang (8)
Black	Pahl Jang (8) - Hansu



## General Information

### Team Awards

- 10 Entries or more by a club
- All teams from interstate or overseas.

### Referees/ Judges

All Officials must register online to be catered for. Referees must be AT, WTO, or IR (WT) qualified. We are currently finalizing a payment /package for all officials. Please direct all queries to Carlos Lakerdis or [info@goldcoastopen.com.au](mailto:info@goldcoastopen.com.au). Interstate referees will be given a subsidy based on qualifications and experience.

### Accommodation

The event is on the Labour Day long weekend. We recommend staying at Surfers Paradise, Broadbeach or Mermaid Beach which are about a 15-minute Taxi fare to the venue. Closest hotels are the Elite Gold Coast, Royal Pines and Mercure hotels. There are no buses supplied by the organizers.

### Liability

All participants in the competition take part at their own risk. While all care is taken, the organizers and their representatives can take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment.

**Refunds:** Refunds will be given to withdrawal up to the final draw being published. A doctor's certificate is required for refunds after the final draw has been published. There will be a \$20 admin fee before the draw and \$50 admin fee after the draw. No refunds for withdrawals on the day.

The Organizing Committee is not responsible for any accommodation and/or travel costs (including any self-isolation/quarantining costs) should the event be cancelled or postponed because of travel restrictions that may be imposed (at any time) by the Australian Federal and/or Queensland State Government's.

The Organizing Committee will refund entry fees if the event cannot proceed as planned because of COVID-19 event restrictions that may be imposed by the Australian Federal and/or Queensland State Government's.

### No Fundraising / Selling goods

There is to be no fundraising or selling of goods apart from the official vendors. Patrons will be asked to leave if found in breach.

**Privacy:** Personal details collected are solely for the purpose of the competition



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involved.