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Dear Instructor,

It is with great pleasure that we invite you and your students to participate in the 2023 Bay Open Taekwondo Championships.

This tournament is a TNZ Recognised event and TNZ Player Points will be awarded in the following categories: Kyorugi – Black Belt Cadet, Junior and Open divisions Competitors must be registered with TNZ to be eligible for player points.

The tournament will be held at the Tauranga Boys' College Gymnasium, Devonport Road, Tauranga on 25th Feb 2023 and is open to all WT style colour belts (8th Keup and above) and Black Belts.

This will be a Kyorugi and Poomsae competition. The sparring will be full contact under WT rules. Competitors should be aware of the tournament rules, safety equipment requirements, and the attached Hazard Control Plans for the major significant hazards present during the tournament competition.

For safety and fairness we must match competitors in accordance with the rules by age, weight and grade, so it is important for Instructors to check that the correct information is entered on the entry forms and the Team List form (Excel Spreadsheet) provided. This will ensure your athletes are not disappointed by being disqualified prior to competing.

All Team Lists (Excel Spreadsheet) must be received by 8pm Friday 17th Feb 2023, and no late entries will be accepted.

All Entry Fees are to be paid by 10pm Friday 17th Feb 2023. If payment has not been made by this date your player will not be on the draw (NO payments will be accepted on the day)

We also ask all Instructors to forward all names of Officials (*Referees & Judges*) so that we can plan ahead to ensure that the tournament is run as smoothly and as fairly as possible.

Please Note: Daedo System (Grade 3 to Black Belt) and ESS (non electronic Grade 4 and below) will be used at this event, so please bring electronic foot socks and gloves for your fighters to use.

This information package is designed to assist Officials, Instructors and Competitors.

Please ensure that you have familiarized yourself with the Hazard Control Plans

If there are any queries in relation to this Package or the tournament, please do not hesitate to contact us.

Sincerely yours in Taekwondo
Master Kesi O'Neill Tournament Host
Trish Cronin Assistant to the Technical Delegate
Hayley Storey Technical Delegate

TOURNAMENT INFORMATION

Master Kesi O'Neill - Tournament Host - Mobile 027 4785478 Trish Cronin - Assistant to the Technical Delegate - Mobile 027 6529252 Hayley Storey - Technical Delegate - storeyclan@xtra.co.nz

Venue: Tauranga Boys' College Gymnasium, Devonport Road, Tauranga

Date: 25th Feb 2023 Time: 8.00am till finish

Eligibility: Open to all Taekwondo practitioners – WT Rules will apply.

Coaches and Team Managers meeting:8.00am Saturday 25th Feb 2023Competitors Entry:8.30am Saturday 25th Feb 2023Official Start:9.30am Saturday 25th Feb 2023

Weigh-In: Friday 24th Feb 2023 - 6.00pm to 8.00pm

Saturday 25th Feb 2023 – 7.00 am to 9.00 am

Tauranga Boys' College Gymnasium,

Devonport Road, Tauranga

ALL FIGHTERS AGED 12 AND ABOVE. BLUE BELT TO BLACK BELTS MUST WEIGH IN!!

Competition Area: Bouts will be fought on an 10x10m Ring. There will be two rings operating.

N.B: Poomsae will begin at 9.00am, but the Schedule is subject to change on the day of competition.

Kyorugi will commence following Poomsae.

General Public:

Open to members of the general public from 8.30am. The organizers reserve the right to exclude or reject any person from the venue whose behavior is deemed to be unacceptable.

• There will be a small door charge.

The kitchen will be operating and there will be a wide range of food and eftpos/paywave is available.

1. ENTRIES

Important - please note the following:

- The closing date for receiving entries is 8pm Friday 17th Feb 2023
- All team lists <u>must</u> be emailed to <u>nzuta2011@gmail.com on Team List Spreadsheet</u>
 Instructors, please make sure that the team list forms are used and filled in correctly when emailing the names of your competitors through.
- All entries & declaration forms must be handed into the Technical Delegate on the day.
 All Entry Fees must be paid by 10.00pm Friday 17th Feb 2023.

If payment has not been made by this date your player will not be on the draw (NO payments will be accepted on the day)

Privacy

Details collected will be treated in accordance with the Privacy Act 1993. Health information (regarding existing conditions/allergies etc) will only be disclosed to first-aid personnel if deemed appropriate. Registration information will only be accessible to authorised persons. Players are advised to inform their coach/Team Manager of any relevant health information for the purposes of treatment. Team Managers are advised that they should maintain appropriate emergency contact details for their team members.

Liability

All competitors take part at their own risk. While all care is taken, the organisers and their representatives will take no responsibility, under any circumstances, for any damage, injury, or loss to individuals and equipment.

ENTRY FEES & PAYMENT

Schedule of fees

| New Zealand Competitors | Adult | Child/Youth |
|--|---------|-------------|
| Kyorugi or Poomsae only (if doing more than one event an additional \$15.00 entry fee is required) | \$60.00 | \$55.00 |

Competitors make all payments to your club.

Clubs make all deposits to: Tga/Mt Taekwondo Club

Please Make Payment to:

| Account Name: | Tga/Mt Taekwondo Club |
|-----------------|-----------------------|
| Bank: | ANZ |
| Branch: | Tauranga |
| Account Number: | 06-0433-0252094-00 |

All payments to be made by 10.00pm Friday 17th Feb 2023

. If payment has not been made by this date your player will not be on the draw (NO payments will be accepted on the day)

KYORUGI HEAD CONTACT BY DIVISION & AGE

MANDATORY No Head Kicks - Absolutely no tolerance for head kicks

OPTIONAL Head Kicks - Full Kick (Head and Body) is the default option until otherwise declared: • IF EITHER coach asks for non-head Kick match prior to the start, then a "No-Head-Kick" match is DECLARED by the Centre Referee. This head kick decision is not binding on any other, or further, matches in the division.

REQUIRED Head Kick - Full Kick (Head and Body) is the default option until otherwise declared: • IF BOTH coaches ask for non-head Kick match prior to the start, then a "No-Head-Kick" match is allowed. This head kick decision is not binding on any other, or further, matches in the division. • IF ONLY ONE coach asks for non-Head Kick, then a Head Kick match is to proceed. The player/coach may forfeit the match (WDR) and then the match may proceed in a "Non-Head-Kick" format but the match result has been pre-determined by the withdrawal (WDR).

COMPULSORY Head Kick Full Kick (Head and Body) is the default option: • A player/coach may forfeit the match (WDR) at anytime and then the match may continue under "Non-Head-Kick" rules but the match result has been pre-determined by the withdrawal (WDR).

MINOR 1 DIVISIONS (5 TO 8 YRS) • ALL Minor 1 Grades (5 to 8 years) - MANDATORY No Head Kicks

MINOR 2 DIVISIONS (9 -11 YRS) • ALL Minor 2 Grades (9 to 11 years) - MANDATORY No Head Kicks

CADET DIVISIONS (12 TO 14 YEARS)

- For Grade 8-6, MANDATORY No Head Kicks
- For Grade 5-3, OPTIONAL Head Kick
- For Grade 2-1, Head Kick REQUIRED
- Open Divisions, COMPULSORY Head Kick

JUNIOR DIVISIONS (15 TO 17 YEARS)

- For Grade 8-6, MANDATORY No Head Kicks
- For Grade 5-3, OPTIONAL Head Kick
- For Grade 2-1, REQUIRED Head Kick
- Open Divisions, COMPULSORY Head Kick

OPEN/SENIOR DIVISIONS (17 TO 34 YEARS)

- For Grade 8-6, OPTIONAL Head Kick
- For Grade 5-3, REQUIRED Head Kick
- For Grade 2-1, **COMPULSORY Head Kick**
- Open Divisions, COMPULSORY Head Kick

VETERANS DIVISIONS (35 UPWARDS)

- For Grade 8-6, MANDATORY No Head Kicks
- For Grade 5-3, OPTIONAL Head Kick
- For Grade 2-1, OPTIONAL Head Kick
- Open Divisions, REQUIRED Head Kick

WEIGHT CATEGORIES SPARRING:

Adult - 18 Years & Over Includes Colour Belts

| Male | Fin | Fly | Bantam | Feather | Light | Welter | Middle | Heavy |
|------------|-----|-----|--------|---------|-------|--------|--------|-------|
| Under (kg) | -54 | -58 | -63 | -68 | -74 | -80 | -87 | 87+ |
| Female | Fin | Fly | Bantam | Feather | Light | Welter | Middle | Heavy |
| Under (kg) | -46 | -49 | -53 | -57 | -62 | -67 | -73 | 73+ |

JUNIOR - 15-17 Years Includes Colour Belts

| Male | Fin | Fly | Bantam | Feather | Light | Welter | L-Middle | Middle | L-Heavy | Heavy |
|------------|-----|-----|--------|---------|-------|--------|----------|--------|---------|-------|
| Under (kg) | -45 | -48 | -51 | -55 | -59 | -63 | -68 | -73 | -78 | 78+ |
| Female | Fin | Fly | Bantam | Feather | Light | Welter | L-Middle | Middle | L-Heavy | Heavy |
| Under (kg) | -42 | -44 | -46 | -49 | -52 | -55 | -59 | -63 | -68 | 68+ |

CADET – 12-14 Years Includes Colour Belts

| Male Under (kg) | -33 | 33-37 | 37-41 | 41-45 | 45-49 | 49-53 | 53-57 | 57-61 | 61-65 | +65 |
|----------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-----|
| Female Under (kg) | -29 | 29-33 | 33-37 | 37-41 | 41-44 | 44-47 | 47-51 | 51-55 | 55-59 | +59 |

Minor 2 – 9-11yrs Includes Colour Belts & Black Belt Divisions

| Male Under (kg) | -25 | 25-30 | 30-35 | 35-40 | 40-45 | 45-50 | 50-55 | +55 |
|----------------------|-----|-------|-------|-------|-------|-------|-------|-----|
| Female Under (kg) | -20 | 20-25 | 25-30 | 30-35 | 35-40 | 40-45 | 45-50 | +50 |

Minor 1-8 years & Under Includes Colour Belts & Black Belt Divisions

| Male/Female | -20 | 20-25 | 25-30 | 30-35 | 35-40 | 40-45 | 45-50 | +50 |
|-------------|-----|-------|-------|-------|-------|-------|-------|-----|
| Under (kg) | | | | | | | | |

Children & Youth Divisions

Every effort is made to match competitors based on the weight, age and sex as submitted on the entry form. All details on the entry form are to be checked by the Club Instructor to ensure that the competitor can be entered into the correct division.

Uncontested players

The organisers will make reasonable attempts to provide a match for competitors including combining divisions if appropriate.

Awards: Competitors must be in full uniform or team colours to receive medals 1st place 2nd place 3rd place (there will be no play off for bronze)

Trophies: Best Kyorugi Male and Female (Junior and Senior)

Best Poomse Male and Female

Outstanding Referee

Best Team

POOMSAE:

DIVISIONS

| GRADES | | | | | | | | |
|---|---|---|--|--|--|--|--|--|
| 8-6 Keup | 5-3 Keup | 2-1 Keup | Black Belt | | | | | |
| Compulsory: | Compulsory: | Compulsory: | Compulsory: | | | | | |
| Taegeuk 1 | Taegeuk 3 | Taegeuk 6 | Koryo | | | | | |
| 2 nd Choice Poomsae: Select from Taegeuk 1-3 Competitor Choice | 2 nd Choice Poomsae: Select from Taegeuk 2-5 Competitor Choice | 2 nd Choice Poomsae: Select from Taegeuk 5-7 Competitor Choice | 2 nd Choice Poomsae: Select from Taegeuk 8 & Up Competitor Choice | | | | | |

CATEGORIES

Minor 1 (8 years and under)

Minor 2 (9 to 11 years)

Cadet (12 to 14 years)

Junior (15 to 17 years)

U30 (18-30 Years)

U40 (31 years to 40 years)

U50 (41 years to 50 years)

U60 (51 years to 60 years)

U65 (61 years to 65 years)

Over 65 (66 years and over)

UNCONTESTED POOMSAE PLAYERS/PAIRS

Uncontested player/pair/team must complete their respective Poomsae patterns, as per competition rules. As they placed first in their division, the player/pair/team will receive their medal(s) for winning their division.

POOMSAE COMPETITION RULES WT

Competition Rules will apply throughout the competition, except where alterations have occurred in this information package.

UNIFORMS FOR BLACK BELT - "WT RULES" DIVISION - COMPETITORS

Black Belt WT Division Poomsae Competitors should wear a WT approved Dobok/Uniform, compliant with the Poomsae rules (the coloured variant). It has been more than six years since the introduction of the "new" Poomsae uniforms for Black Belt competitors.

PAIRS

Pairs are ONLY of mixed gender (male and female) ONLY Pairs must be of the same "Belt and Age grouping"

KYORUGI ENTRY FORM

| | 2023 BAY OPEN TAE KYORUG | EKWONDO CHAMPI GI ENTRY FORM | ONSHIP | | | | |
|--|------------------------------|--|-------------------------|----------------------|--|--|--|
| Surname: | | First Name/s: | | | | | |
| Gender: Male or Female | Age: | | D.O.B: | | | | |
| Grade: | Weight: | kg | Height: | cm | | | |
| DECLARATION 1. I the undersigned do hereby submit my application for registration as a participant in the BAY OPEN TAEKWONDO CHAMPIONSHIP. I hereby agree to accept full responsibility and waive any claims against the TGA/MT TAEKWONDO CLUB, or against any person within the tournament for any injuries I may receive during the tournament, I also submit my acceptance of the Rules and Regulations of the tournament and agree to abide by the decision of the official Referees and Judges, which shall be FINAL! 2. I meet the eligibility criteria. 3. The information supplied is true and correct. Signature of Competitor: Date: Signature of Parent or Guardian: Date: | | | | | | | |
| Signature of Instructor : | | | | | | | |
| Club Name: Instructor's Name: Instructor's Phone Number: | npetitor/s must also complet | е апи ацаст те сотрен | (LOT GECIATALION TOTAL) | | | | |
| Instructor's Email Address: | ENTRY FEE (See sch | nedule of entry fees in entry pac | | | | | |
| | Competitors please m | hedule of entry fees in entry pac nake your payments to your cl 23 your player will not be on th | lub. | accepted on the day) | | | |

POOMSAE ENTRY FORM

| 2023 BAY OPEN TAEKWONDO CHAMPIONSHIP POOMSAE ENTRY FORM | | | | | | | | |
|---|---------------------------|------------------------|------------------------|--|--|--|--|--|
| Surname: First Name/s: | | | | | | | | |
| Gender: Male or Female | Age: | | D.O.B: | | | | | |
| Traditional Poomsae Tick Box | Individual [] | | Pair [] | | | | | |
| Names of Pairs | | | | | | | | |
| Pairs Names: | Pairs Names: | | | | | | | |
| Pairs Partner Name: | Pairs Partner Name: | | | | | | | |
| | | | | | | | | |
| N.B. Compet | itor/s must also complete | and attach the "compet | tor declaration" form. | | | | | |
| | | | | | | | | |
| Club Name: | | | | | | | | |
| Instructor's Name: | | | | | | | | |
| Instructor's Phone Number: | | | | | | | | |
| Instructor's Email Address: | | | | | | | | |
| | | | | | | | | |
| ENTRY FEE (See schedule of entry fees in entry pack) | | | | | | | | |

ENTRY FEE (See schedule of entry fees in entry pack) Competitors please make your payments to your club.

If payment has not been made by this date 10pm Friday 17th Feb 2023 your player will not be on the draw (NO payments will be accepted on the day)

All Declaration & Entry Forms must be given to the T.D by the day of competition.

Team Lists must be received by: 8pm Friday 17th Feb 2023

Tournament: Saturday, 25th Feb 2023 **Location:** Tauranga Boys' College Gymnasium, Devonport Road, Tauranga

COMPETITOR DECLARATION

Bay Open Championship, Saturday, 25th Feb 2023

I, the applicant, or parent or legal guardian (if applicant under 18 years of age) of the applicant, hereby acknowledge and declare that in relation to **(STATE PLAYER'S FULL NAME/S & Date of Birth):**

| Name | D.O.B: | | | | | | | |
|----------|---|--|--|--|--|--|--|--|
| 1. | I/the above player have been advised by the Organizers of the risk in competing, have read the tournament hazard control plans and will comply with the requirements. I/the above player have the following condition / allergy which could affect medical assessment or treatment; | | | | | | | |
| 3. | l/the above player has not knowingly used any drugs or substances for the purpose of enhancing performance (prohibited substances include anabolic steroids, beta-blockers, stimulants, such as caffeine, narcotics/analgesics, such as codeine, | | | | | | | |
| 4. | representatives to seek and obtain all necessary medical and/or surgical treatment as may be required and I accept the | | | | | | | |
| 5. | responsibility for payment and/or reimbursement of all medical expenses incurred on my behalf by the Organizers. I undertake that I/the above player will observe all tournaments rules and shall comply with all reasonable directions and decisions of the officials. | | | | | | | |
| 6. | I hereby acknowledge that a condition of entry to the event is that I will indemnify and keep indemnified the Organizers, officials, agents, instructors or members against any liability arising from my participation in the event or from any pre- | | | | | | | |
| 7. | event training and preparation or other activity related to the event and from travel to and from the event or activities. I understand that the above player cannot compete if they have been concussed within 30 days prior to this competition and hereby confirm that I/they have not been so concussed. I also confirm that, in the | | | | | | | |
| 8. | event that a concussion has occurred prior to that, medical clearance for participation has been obtained. I acknowledge that photographs may be taken during the competition by the organizers or other persons and that I may appear in those photographs. In the event that I appear in the photographs, I authorize the Organizers and any associated bodies to use and authorize use of the photographs taken at this competition for promotional purposes, including publication on websites. I will make no claim against the Organizers or associated bodies for any fee or royalty in relation to the use of the photographs. | | | | | | | |
| | being the APPLICANT / PARENT or LEGAL GUARDIAN OF THE ANT (if under 18 years of age), hereby acknowledge and declare that I have read and fully understand the terms and as set out in the application and consent to be bound by such conditions. | | | | | | | |
| Signed _ | | | | | | | | |
| Applican | t / Parent / Legal Guardian (Circle as appropriate) | | | | | | | |

OVERSEAS COMPETITOR AND COACH DECLARATION

Bay Open 25th Feb 2023, TAURANGA

| I, the applicant, or parent or legal guardian (if acknowledge and declare that in relation to | applicant under 18 years of age) of the applicant, hereby | | | | | |
|--|--|--|--|--|--|--|
| - | 1 I/the above player have been | | | | | |
| advised by Tauranga Team KO of the risk in competing, have read the tournament hazard control plans and comply with the requirements. | | | | | | |
| 2 I/the above player have the following condition / allergy which could affect medical assessment or treatment: | | | | | | |
| I acknowledge that they may be tested at any time anabolic steroids, beta-blockers, stimulants, such as found in medicine for colds and flu, and diuretics). (I GIVE PERMISSION FOR DRUG TESTING TO BE UNDER recognized testing standards, should the above plate that the event of any illness and/or accident, I hereby representatives to seek and obtain all necessary medical process.) | TAKEN BY DFSNZ in relation to the above player in terms of | | | | | |
| • • | all regulation and by-laws of Tauranga Team KO and shall comply ficials, and agree to observe the Tauranga Team KO Athlete code | | | | | |
| Team KO, its Board, officials, agents, instructors or m | o the event is that I will indemnify and keep indemnified Tauranga embers against any liability arising from my participation in the on or other activity related to the event and from travel to and from | | | | | |
| competition and hereby confirm that I have not be prior to that, medical clearance for participation had during the competition by the organizers or other pethe photographs, I authorize Tauranga Team KO an photographs taken at this competition for promotion | npete if they have been concussed within 30 days prior to this en so concussed. I also confirm that, if a concussion has occurred as been obtained. 8 I acknowledge that photographs may be taker ersons and that I may appear in those photographs. If I appear in d any associated bodies to use and authorize use of the nal purposes, including publication on the Tauranga Team KO against Tauranga Team KO or associated bodies for any fee or | | | | | |
| | ing the APPLICANT / PARENT or LEGAL GUARDIAN OF THE | | | | | |
| | cknowledge and declare that I have read and fully the application and consent to be bound by such | | | | | |
| Signed Applicant | / Parent / Legal Guardian | | | | | |
| (Circle as appropriate) | | | | | | |
| Participation in this event will not be granted u Tournament DELEGATE | nless this form has been signed and submitted to the | | | | | |

HAZARD CONTROL PLAN 1 - TOURNAMENT COMPETITION

Hazard Description: Forceful direct contact with opposing player

Details: A taekwondo tournament is a competition which is decided, within the rules, by direct physical contact and forceful physical collisions between contestants, and therefore competitors have an inherent risk of physical injury.

Category: Physical

Date Hazard Identified: 18th December, 2018

Review Hazard Frequency: Annual or after major accident or incident

Next review: 21st December 2023

Hazard Location: Tournament competition ring
People Exposed: Tournament competitors

Other Relevant Documents: Current World Taekwondo Competition Rules

Possible Harm: Sprain, strain, bruising, open wound, fracture, brain-damage, paralysis, death.

Hazard Significance: Significant Hazard

Hazard Control Type: Minimise

Action Required: World Taekwondo rules attempt to minimise risk by; • Specifying weight, age and grade requirements when matching competitors. • Specifying protective equipment to be worn. • Restricting the types of attack used and the target areas. • Specifying procedures to punish or disqualify competitors who infringe. • Specifying procedures to use in the event of an injury. • Specifying procedures for referees and coaches to use if it becomes apparent that a competitor is at risk.

Tournament Director: • Impose additional rules if considered necessary (e.g. no head contact, mandatory mouth guards) • Ensure procedures in place for competitors to receive appropriate medical attention if necessary. **Referees:** • Maintain control of contest ensuring competitors abide by rules • Stop contest if necessary as per competition rules and procedures.

Coaches: • Ensure contestant has knowledge of rules. • Ensure competitor is sufficiently skilled and in physical condition to compete safely in their division. • Withdraw contestant if necessary before or during the contest as per competition rules and procedures. • Ensure their competitors are aware of and understand this hazard.

Competitors: • Wear protective equipment as specified in rules and additional equipment if deemed necessary by Tournament Director (e.g. mouth-guard) and abide by competition rules. • Do not compete without Medical Staffs approval if suffer from a medical condition which could be worsened by competing. • Do not compete if have received a head injury (e.g. concussion) within 30 days preceding competition. As well as this stand-down period a medical clearance is required before competing again.

Training Requirements: • Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules as assessed by an experienced referee or trainer, and are sufficiently competent through training and experience to control the level of match they are officiating. • Referees are required to undergo regular training to refresh their skills and knowledge of current rules, signals and procedures. • Coaches preferably should have sufficient experience to identify if their competitor is at risk and/or hold a recognised coaching qualification (e.g. CNZ Level 1 or above).

Responsibility/ Monitoring of Controls: • It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.

HAZARD CONTROL PLAN 2 - TOURNAMENT ATTENDANCE

Hazard Description: Transmission of infection via blood or body fluids

Details: Some infections can be transmitted via body fluids such as saliva, sweat or blood. Sharing of personal items such as drink bottles, or impact injuries such as cuts, a bleeding nose or bleeding from mouth means should a contestant have a transmittable infection e.g. Hepatitis B or HIV, it has the potential to be transmitted to another person.

Category: Physical

Date Hazard Identified: 18th December, 2018

Review Hazard Frequency: Annual or after major accident or incident

Next review: 21st December 2023

Hazard Location: Tournament competition ring
People Exposed: Tournament competitors

Other Relevant Documents: Current World Taekwondo Competition Rules

Possible Harm: Sprain, strain, bruising, open wound, fracture, brain-damage, paralysis, death.

Hazard Significance: Significant Hazard

Hazard Control Type: Minimise

Action Required: World Taekwondo rules attempt to minimize risk by; • Restricting the types of attack used. • Specifying procedures to use in the event of an injury. • Specifying procedures for referees and coaches to use if it becomes apparent that a competitor should not continue because they cannot stop the bleeding.

Tournament Director • Impose additional rules if considered necessary (e.g. mandatory mouth guards) • Ensure procedures in place for competitors to receive appropriate medical attention if necessary. • Supply gloves for use by officials

Referees • Maintain control of contest ensuring competitors abide by rules • Stop contest, if necessary, as per competition rules and procedures. • Use provided gloves if dealing with bleeding competitor Coaches • Ensure their competitors are aware of and understand this hazard. • Ensure each competitor has their own drink bottle and towel.

Competitors • Wear protective equipment as specified. • Ensure finger and toenails are cut short. • Remove jewellery. • Supply own drinks bottle and towel. • Abide by competition rules. • Not compete without clearance from Tournament Director if they are aware they have a serious transmittable illness.

Training Requirements: Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules pertaining to an injured competitor.

Responsibility/ Monitoring of Controls: It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.

Privacy: Any disclosures to the Tournament Director by a competitor about their medical condition will be dealt with in accordance with the Privacy Act 1993 and will only be disclosed to first aid personnel if deemed appropriate